

### Role of CRISPR-Cas Systems in the Pathogenesis of Periodontal Disease and Precision Periodontal Therapy

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#### **ABSTRACT**

The advent of CRISPR-Cas systems has ushered in a transformative era in biomedical research, particularly regarding complex diseases such as periodontal disease. This multifaceted condition is driven by a combination of microbial dysbiosis and host immune responses, leading to a progressive inflammatory state that can culminate in tooth loss if not managed effectively. Recent investigations have highlighted the potential of CRISPR technology to address these underlying causes by targeting specific microbial elements and modulating host responses. The integration of CRISPR-Cas systems into precision periodontal therapy not only promises a tailored approach to treatment but also raises pertinent questions regarding the ethical considerations and technical limitations associated with gene editing. Thus, this exploration aims to elucidate the intricate role of CRISPR-Cas systems in the pathogenesis of periodontal disease while also assessing their therapeutic potential and implications for future clinical applications.

Keywords: CRISPR-Cas, Gene Editing, Microbial Dysbiosis, Periodontal Disease, Precision Therapy

#### Introduction

HE intricate relationship between microbial dysbiosis and periodontal diseases underscores the complexity their pathogenesis. The balance of oral microbiota is crucial; when disrupted, pathogenic microorganisms such as \*Aggregatibacter actinomycetemcomitans\* proliferate, leading to inflammatory responses and tissue destruction [1]. Furthermore, host genetic susceptibility amplifies the disease severity, as specific immune response genes may increase vulnerability to inflammatory damage. This interplay between dysbiotic microorganisms and host factors illuminates the need for innovative therapeutic approaches, particularly those leveraging advanced genetic tools. The advent of CRISPR-Cas systems has revolutionized biomedical research, providing robust methodologies for targeted gene editing and functional studies in periodontal pathogens [2]. By elucidating the genetic mechanisms underlying host-pathogen interactions, CRISPR-Cas technologies not only enhance understanding of periodontal disease pathogenesis but also pave the way for precision therapies that can effectively modulate microbial communities and host responses.

#### 1.1 Overview of Periodontal Diseases

Periodontal diseases, primarily characterized inflammation and destruction of periodontal tissues, represent a significant global health concern, impacting over 50% of adults worldwide. The pathogenesis of these conditions involves a complex interplay between microbial dysbiosis and host immune responses, leading to chronic inflammation and bone loss. Notably, pathogens such as Aggregatibacter actinomycetemcomitans play a pivotal role in exacerbating periodontal disease through their virulence factors, which disrupt the delicate balance of the oral microbiome [3]. As traditional therapies often fail to

address the underlying microbial etiology, innovative strategies are required. Emerging technologies, particularly CRISPR-Cas systems, present a transformative approach to tackle this challenge by enabling precise modifications of microbial communities and host immune responses. This methodological shift not only offers the potential for more effective interventions but also paves the way for advancements in precision periodontal therapy aimed at improving patient outcomes (Table 1).

### 1.2 Emergence of CRISPR-Cas Systems in Biomedical Research

The advent of CRISPR-Cas systems has revolutionized the landscape of biomedical research, serving as a pivotal tool for precise genetic manipulation. Initially identified as a bacterial adaptive immune mechanism, these systems have been adeptly harnessed for gene editing, vaccination development, and investigation of disease pathogenesis. In the context of periodontal disease, the ability of CRISPR to target and modify the genes of specific microbial pathogens, such as Aggregatibacter actinomycetemcomitans, offers novel approaches to understanding combating pathogenicity and Furthermore, CRISPR technologies enable researchers to elucidate host-microbe interactions by modulating immune responses, thereby shedding light on the complexities of microbial dysbiosis that contributes to periodontal inflammation. These emerging potential positions CRISPR-Cas systems not merely as genetic tools but as vital agents in the development of precision periodontal therapies aimed at both microbial targeting and immune regulation, offering hope for more effective management strategies in the future.

### 1.3 Importance of Understanding Pathogenesis in Periodontal Disease

Understanding the pathogenesis of periodontal disease is critical for developing effective therapeutic strategies, particularly as it encompasses a complex interplay between microbial factors and host responses. The disruption of the oral microbiome often leads to a dysbiotic state, resulting in increased virulence of pathogens such as Aggregatibacter actinomycetemcomitans, which can evade immune clearance by utilizing fimbriae to adhere to host tissues and promote inflammation [5]. Insights into these mechanisms are essential not only for diagnosis but for the formulation of precision therapies. Recent advances utilizing CRISPR-Cas systems offer exciting potential to dissect the roles of specific genes in microbial virulence and host interactions [6]. By targeting pathogenic bacteria and modulating host immune responses through precise gene editing, CRISPR technologies may pave the way for innovative approaches in regenerative periodontal therapy and antimicrobial treatments, ultimately enhancing patient outcomes in periodontal care.

#### 1.4 Objectives of the Research Essay

In guiding the exploration of CRISPR-Cas systems in periodontal disease, the objectives of this research essay are multifaceted, focusing on the integration of innovative genetic technologies into clinical practice. Firstly, the essay seeks to delineate the mechanisms through which CRISPR-Cas systems can be employed to target and modify pathogenic microbial communities within the oral cavity, thereby mitigating the dysbiosis associated with periodontal diseases. Additionally, it aims to elucidate the potential of gene editing to enhance host immune responses, ultimately fostering a more resilient oral microbiome. Furthermore, an essential objective is to critically examine the ethical implications and regulatory challenges that accompany the clinical application of CRISPR technologies in precision periodontal therapy, ensuring that advancements are met with adequate scrutiny to safeguard patient welfare and public trust in genetic interventions [7, 8]. Collectively, these objectives endeavor to bridge the gap between experimental research and practical applications in dentistry.

TABLE 1. Overview of periodontal disease statistics

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Condition	Prevalence (%)	Risk Factors	Impact on Oral Health	Year		
Gingivitis	50	Poor oral hygiene, tobacco use, hormonal changes, certain medications	Reversible inflammation if treated	2023		
Chronic Periodontitis	35	Genetics, diabetes, smoking, age	Progressive tissue destruction, may result in tooth loss	2023		
Aggressive Periodontitis	5	Genetic factors, systemic diseases	Severe attachment loss, often occurs in adolescents	2023		
Periodontitis as a Manifestation of Systemic Diseases	2	Certain conditions like diabetes, immune disorders	Requires management of underlying systemic condition	2023		



#### 2 Mechanisms of Periodontal Disease Pathogenesis

The intricate interplay between microbial dysbiosis and host immune responses is paramount in understanding periodontal disease pathogenesis. Disruption of the oral microbiome, often precipitated by poor oral hygiene, dietary factors, or smoking, creates a conducive pathogenic environment for bacteria, Aggregatibacter actinomycetemcomitans, which can exacerbate tissue inflammation and destruction [9]. The subsequent immune response may lead to collateral damage, as the hosts inflammatory mechanisms target both the bacteria and surrounding periodontal tissues, culminating in tissue loss and bone resorption. Moreover, genetic susceptibility further complicates this relationship; individuals with specific genetic markers may exhibit heightened immune responses, amplifying the severity of periodontal disease. Understanding these mechanisms not only enhances our comprehension of disease dynamics but also informs the potential integration of CRISPR-Cas systems, which may offer innovative therapeutic interventions by precisely targeting microbial populations or modulating immune responses towards a more favorable outcome in periodontal health.

### 2.1 Role of Microbial Dysbiosis in Periodontal Diseases

The intricate relationship between microbial dysbiosis and periodontal diseases underscores the importance of understanding microbial communities in the oral cavity. In healthy periodontal environments, a diverse microbiome symbiotically with the host, maintaining homeostasis. However, dysbiosis, characterized by a shift towards pathogenic microbes such as Porphyromonas gingivalis and Treponema denticola, correlates with heightened inflammation and tissue destruction, as observed in peri-implantitis [10]. This pathogenic predominance results only from not proliferation but also from the modulation of host immune responses through microbial metabolic products that evade immune surveillance. The presence of oral pathogens has been shown to exacerbate inflammation by promoting the release of pro-inflammatory cytokines, further contributing to periodontal tissue breakdown [11]. Therefore, recognizing microbial dysbiosis facilitates the development of targeted CRISPR-Cas interventions, offering innovative strategies for precision periodontal therapy aimed at restoring microbial balance and enhancing host defense mechanisms.

# 2.2 Host Immune Responses and Genetic Susceptibility

Understanding the interplay between host immune responses and genetic susceptibility is crucial in elucidating the pathogenesis of periodontal diseases.

Variations in host immunity can significantly influence an individual's response to periodontal pathogens, such as \*Aggregatibacter actinomycetemcomitans\*, which exploit genetic predispositions to exacerbate inflammation and tissue destruction. The hosts immune mechanisms, including cytokine production and the activation of Thelper cells, are pivotal in modulating inflammation and controlling microbial colonization. Genetic factors, such as polymorphisms in immune-related genes, can predispose individuals to heightened susceptibility to periodontal disease by affecting immune competence and inflammatory responses [12]. Moreover, the advent of CRISPR-Cas technology opens new avenues for precision periodontal therapy, aiming to edit genes that modulate immune responses and enhance host defenses against pathogens [13]. Thus, a comprehensive understanding of host genetics coupled with innovative gene-editing strategies could pave the way for targeted interventions in periodontal disease management.

### 2.3 Impact of Environmental Factors on Periodontal Health

Environmental factors play a crucial role in shaping periodontal health, influencing both microbial communities and host responses, which are vital in the context of periodontal disease pathogenesis. Lifestyle choices, such as diet and tobacco use, create conditions conducive to microbial dysbiosis, promoting dominance of the pathogenic organisms like \*Aggregatibacter actinomycetemcomitans\*, which has been shown to adversely affect periodontal tissue integrity [14]. Furthermore, emerging research utilizing CRISPR-Cas systems highlights the potential to modulate these microbial populations, presenting a novel therapeutic avenue to restore homeostasis within the oral microbiome. For instance, employing CRISPR interference could be instrumental in targeting specific virulence factors of harmful bacteria, thereby mitigating their impact on periodontal health [15]. Ultimately, understanding how environmental influences interact with microbial and genetic factors remains essential for developing precision strategies in periodontal therapy, promising more effective interventions and improved patient outcomes.

### 2.4 Interactions Between Pathogenic Microbes and Host Tissues

The interplay between pathogenic microbes and host tissues is critical in understanding periodontal disease and how CRISPR-Cas systems can be effectively utilized in its treatment. Dysbiosis within the oral microbiota leads to a disruption of the epithelial barrier, facilitating microbial invasion and inflammation, which can exacerbate periodontal tissue destruction. This inflammatory response, governed by intricate host immune mechanisms, highlights how bacterial virulence factors manipulate host signaling



pathways to modulate immune evasion and tissue remodeling, thereby establishing a complex relationship. Furthermore, CRISPR-Cas systems have emerged as pivotal tools that not only enable the targeting of specific bacterial pathogens but also hold potential for modulating host responses to promote healing and regeneration of periodontal tissues. By elucidating these interactions, researchers can harness CRISPR-based strategies to develop precise therapeutic interventions aimed at restoring microbial homeostasis while mitigating inflammatory damage [16].

#### 3 CRISPR-Cas Systems: An Overview

In recent years, the CRISPR-Cas system has emerged as a transformative tool in genetic research, offering unprecedented precision in gene editing. This adaptive immune mechanism, originally discovered in prokaryotes, is characterized by various types, including CRISPR-Cas9, which utilizes an RNA-guided endonuclease to target specific DNA sequences. The systems versatility has catalyzed its application across multiple fields, from agricultural biotechnology to therapeutic gene editing, thereby revolutionizing our approach to addressing genetic disorders. Within the realm of periodontal disease, harnessing CRISPR-Cas systems presents innovative avenues for manipulating the oral microbiome and enhancing host immune responses. By allowing for precise interventions at the genetic level, CRISPR technologies could not only elucidate the pathogenesis of periodontal diseases but also facilitate the development of targeted precision therapies, consequently improving patient outcomes and reshaping the future of periodontal treatment strategies.

#### 3.1 Types and Mechanisms of CRISPR-Cas Systems

The incredible diversity of CRISPR-Cas systems underscores their pivotal role in gene editing and biotechnological applications, particularly in the context of periodontal disease management. The system can be categorized into two primary classes: Class 1, which includes multi-protein complexes (Type I and III), and Class 2, characterized by single-protein effectors (notably Type II, exemplified by CRISPR-Cas9). Each type employs distinct mechanisms for target recognition and cleavage; Type II utilizes a guide RNA to direct the Cas9 nuclease to specific DNA sequences, facilitating precise modifications essential for therapeutic interventions. Such precision is critical in the context of periodontal disease, where dysbiosis of the microbial community often exacerbates pathogenesis, as seen with pathogens like Aggregatibacter

actinomycetemcomitans, which exhibit virulence traits linked to their genetic makeup [17]. Thus, the exploration of CRISPR-Cas systems not only promises advances in precision periodontal therapy but also offers insights into mitigating the devastating effects of microbial-induced periodontal disease (Table 2).

#### 3.2 Evolution and Applications in Genetic Research

The evolution of CRISPR-Cas systems has significantly transformed genetic research, providing revolutionary tools for understanding and manipulating genetic material with unprecedented precision. As these systems originated as an adaptive immune response in prokaryotes, they have been repurposed for applications ranging from gene editing to novel therapeutic strategies in various fields, including dentistry. The ability of CRISPR-Cas technologies to target specific genes allows for the exploration of microbial dysbiosis in periodontal diseases, including the pathogenic bacteria such as Aggregatibacter dynamics of actinomycetemcomitans, which are linked to severe periodontal infections [18]. Furthermore, the potential to modulate host immune responses through targeted genetic interventions unveils critical pathways for enhancing precision periodontal therapy. Nevertheless, while the promise of CRISPR-Cas systems is evident, their integration into clinical practice necessitates careful consideration of ethical implications and regulatory frameworks to ensure safe and effective applications [19].

#### 3.3 Mechanisms of Action in Targeted Gene Editing

The advent of CRISPR-Cas systems has revolutionized the potential for targeted gene editing, offering significant implications for the management of periodontal disease. Central to its mechanism are the Cas proteins, which function as molecular scissors that introduce doublestranded breaks in specific DNA sequences, allowing for the precise disruption or modification of genes associated pathogenicity, such as those regulated by Aggregatibacter actinomycetemcomitans, a key agent in periodontal disease [20]. This precise editing not only holds promise for modulating the virulence factors that contribute to disease progression but enables the enhancement of host immune responses against such pathogens [21]. By elucidating the intricate interactions between microbial dysbiosis and host responses, CRISPR-Cas systems can be harnessed to develop innovative therapeutic strategies, integrating antimicrobial regenerative approaches that could redefine periodontal therapy is administered in a precision medicine framework.



**Table 2.** Types and Mechanisms of CRISPR-Cas Systems.

Туре	Cas Proteins	Mechanism	Organisms	Applications
Type I	Cascade Complex, Cas3	Uses the Cascade complex for RNA-guided targeting and Cas3 for DNA degradation.	Bacteria and Archaea	Genome editing, bacterial immune response.
Type II	Cas9	Single-guide RNA directs Cas9 to create double-strand breaks in DNA.	Primarily found in some bacteria.	Gene knockout, genome editing, gene therapy.
Type III	Csa/Cse Complex	Utilizes RNA to recognize target DNA and degrade it along with RNA transcripts.	Bacteria and Archaea	Antiviral defense, RNA interference.
Type V	Cpf1	Generates staggered double- strand breaks, allowing for specific insertions.	Bacteria	Targeted genome editing.
Type VI	C2c2	RNA-guided RNA targeting system leading to RNA degradation.	Bacteria	RNA interference, detection of RNA viruses.

#### 3.4 Current Advances in CRISPR Technology

The evolution of CRISPR technology has catalyzed transformative shifts in both genetic research and clinical applications, particularly within the context of periodontal disease management. Recent advances have illustrated the capacity of CRISPR-Cas systems to precisely target and edit genes associated with inflammatory responses, aspects of periodontal addressing key pathogenesis. For instance, the ability to disrupt specific microbial virulence genes using CRISPR has shown promise in mitigating the dysbiosis characteristic of periodontal diseases [22]. Additionally, the advent of genome-wide CRISPR screens facilitates the identification of host genetic vulnerabilities tied to immune aberrations, which could enable the development of personalized therapeutic strategies [23]. As researchers continue to navigate the technical challenges inherent in CRISPR implementation, including off-target effects and delivery mechanisms, the potential for novel adjunctive therapies becomes increasingly viable. The integration of these advances positions CRISPR technology as a cornerstone in the future of precision periodontal therapy.

# 4 CRISPR-Cas Systems in Periodontal Pathogenesis

The intricate relationship between pathogenic bacteria and periodontal disease progression highlights the potential of CRISPR-Cas systems in revolutionizing periodontal therapy. By targeting specific microbial communities, particularly those dominated by pathogens \*Aggregatibacter actinomycetemcomitans\*, such CRISPR technology facilitates the selective dysbiosis of these harmful florae, thereby restoring a healthier microbial balance. Further, the application of a riboswitchbased CRISPR interference (CRISPRi) system has shown promise elucidating functions within in gene \*Fusobacterium nucleatum \*, addressing the limitations of traditional methods of gene inactivation due to the genetic resistance of many strains [24]. This capability not only enhances our understanding of microbial pathogenesis but also paves the way for developing novel therapeutic strategies targeting virulence factors. Overall, the strategic deployment of CRISPR-Cas systems represents a pivotal advancement in precision periodontal therapy, bridging the gap between genetic research and effective clinical applications.

#### 4.1 Targeting Oral Microbiota Using CRISPR-Cas Systems

Emerging evidence highlights the profound implications of utilizing CRISPR-Cas systems to target oral microbiota, particularly in the context of periodontal disease. By exploiting the precision of these gene-editing technologies, researchers can effectively disrupt pathogenic microbial interactions, thereby re-establishing a more balanced oral microbiome. Dysbiosis, characterized by an overgrowth of harmful microorganisms such as \*Aggregatibacter actinomycetemcomitans\*, plays a crucial role in periodontal pathogenesis, contributing to inflammation and tissue destruction [25]. Recent studies suggest that CRISPR-based interventions could selectively eliminate these key pathogens or inhibit their virulence factors, leading to a significant attenuation of disease progression. Furthermore, the integration of CRISPR technologies into therapeutic strategies offers promise for precision periodontal interventions, tailoring treatments to individual microbial profiles and enhancing clinical outcomes. Ultimately, targeting the oral microbiota with CRISPR-Cas systems presents a revolutionary approach to managing periodontal diseases effectively.



### 4.2 Gene Editing to Modulate Host Immune Responses

The modulation of host immune responses through gene editing presents a transformative approach in the management of periodontal diseases, particularly when applied within the framework of CRISPR-Cas systems. By precisely targeting genomic loci associated with immune functions, researchers can potentially enhance the hosts ability to combat microbial dysbiosis, which is central to the pathogenesis of periodontal disease. As highlighted by recent studies, the CRISPR-Cas9 technology enables the modification of immune-related facilitating tailored therapeutic strategies that inherently address genetic susceptibility to periodontal infections [26]. Furthermore, utilizing this gene-editing tool not only opens avenues for improving traditional periodontal therapies but also contributes to the development of precision treatments that can personalize patient care, thereby overcoming limitations posed by conventional methodologies [27]. Ultimately, these advancements underscore the critical role of CRISPR-Cas systems in reshaping periodontal therapy and prioritizing patientcentered healthcare outcomes.

### 4.3 Potential for CRISPR in Identifying Pathogenic Strains

The intricate relationship between pathogenic strains and periodontal disease underscores the necessity for advanced identification techniques, particularly through CRISPR-Cas systems. Emerging research indicates that CRISPR-based methodologies can significantly enhance the precision of pathogen detection within the complex oral microbiota. For instance, the deployment of a riboswitch-based inducible CRISPR interference (CRISPRi) system offers a robust framework for selectively silencing genes in fusobacterial strains, such as Fusobacterium nucleatum, thereby elucidating their contributions to periodontal pathogenesis [28]. Furthermore, the ability to target specific virulence factors allows for a deeper understanding of microbial dysbiosis and its clinical implications, presenting opportunities to tailor therapeutic strategies to individual patient profiles. Ultimately, the integration of CRISPR technologies stands to revolutionize our approach to treating periodontal disease by not only identifying pathogenic strains more effectively but also suggesting targeted interventions that could mitigate their adverse effects on oral health.

### 4.4 Implications for Disease Progression and Management

Understanding the complex interplay between microbial dysbiosis and host responses is crucial for advancing disease management strategies in periodontal health. Emerging evidence suggests that CRISPR-Cas systems can effectively target specific pathogens, such as

Aggregatibacter actinomycetemcomitans, implicated in the exacerbation of periodontitis [29]. These systems may not only help mitigate pathogenicity by disrupting key virulence factors like fimbriae, which facilitate bacterial aggregation and immune evasion but also offer insights into the personalized treatment of oral diseases [29]. Moreover, the dynamic nature of the oral microbiome, shaped by both host factors and environmental influences, underscores the need for precision therapies that can adapt these changes. Such tailor-made interventions, potentially combining CRISPR technologies traditional periodontal therapies, hold promise for enhancing patient outcomes by directly modifying both the microbial landscape and the host immune environment, ultimately reshaping disease progression and management paradigms.

# 5 Precision Periodontal Therapy Using CRISPR-Cas Systems

Advancements in genetic engineering have opened new avenues for enhancing periodontal therapy, particularly through the utilization of CRISPR-Cas systems. These systems have shown promise in targeting specific pathogens associated with periodontal disease, such as Aggregatibacter actinomycetemcomitans, which disrupt host-microbe interactions and contribute to disease progression [30]. The ability to precisely edit nucleic acid sequences enables the development of antimicrobial strategies that not only eliminate pathogens but also preserve beneficial oral microbiota, thus restoring a balanced microbial community. Furthermore, CRISPR technology has potential applications in regenerative periodontal medicine, where gene editing could facilitate the repair of damaged periodontal tissues and enhance the healing process [31]. This dual application underscores the relevance of CRISPR-Cas systems in creating targeted, more effective interventions for periodontal diseases, paving the way for precision periodontal therapies that align treatment with individual patient profiles and disease mechanisms.

### 5.1 Potential of CRISPR in Antimicrobial Therapies

advances in CRISPR technology unprecedented opportunities for enhancing antimicrobial therapies, particularly in the context of periodontal disease. By utilizing CRISPR-Cas systems to target and modify specific genes associated with pathogenic oral bacteria, researchers can develop tailored approaches that not only mitigate microbial dysbiosis but also restore the balance of the oral microbiome. For instance, CRISPR can effectively disrupt virulence factors of pathogens such Aggregatibacter actinomycetemcomitans, which implicated in the exacerbation of periodontal conditions [32]. This capability extends beyond mere gene editing; it



allows for precise modulations of host immune responses, creating a dual-action therapeutic strategy. However, as these promising technologies advance, they raise essential considerations regarding off-target effects and ethical implications in clinical settings, necessitating a nuanced approach to their integration in precision periodontal therapies [29]. Ultimately, the potential of CRISPR in antimicrobial therapies may significantly redefine the management of periodontal diseases.

### 5.2 Applications in Regenerative Periodontal Medicine

The advancements in tissue engineering and the potential integration of CRISPR-Cas systems provide a transformative approach to regenerative periodontal medicine. By leveraging gene editing technologies, researchers aim to enhance the regenerative capacity of periodontal tissues, particularly by manipulating stem cell behavior and fostering an optimal healing environment. For instance, the targeted modification of specific genes through CRISPR may improve the proliferation and differentiation of mesenchymal stem cells (MSCs), essential for periodontal tissue regeneration. Furthermore, the identification and utilization of tissue-specific progenitor cells, as discussed in related studies, marks a significant stride toward creating biocompatible scaffolds and promoting enhanced regeneration within periodontal lesions [33]. Moreover, this innovative approach not only addresses challenges associated with traditional grafting techniques but also aligns with precision medicine paradigms, tailoring interventions to the unique molecular profiles of patients at risk for periodontal disease [34].

### 5.3 Personalized Treatment Approaches Using CRISPR

Recent advancements in the field of gene editing have paved the way for novel personalized treatment approaches in periodontal therapy, specifically utilizing CRISPR technology. By leveraging the specificity and efficiency of CRISPR-Cas systems, researchers are now able to target bacterial species implicated in periodontal disease, such as Aggregatibacter actinomycetemcomitans, with unprecedented precision [35]. This capability allows for the modulation of the pathogenic oral microbiota while potentially enhancing the host's immune response to inflammatory insults. Moreover, the potential for CRISPR to address genetic susceptibility extends its utility beyond mere microbiome manipulation, as it may also rectify mutations correlated with periodontal disease progression. However, the integration of CRISPR in clinical settings necessitates careful consideration of off-target effects and ethical implications, which remain pivotal to its acceptance and efficacy in precision periodontal therapy. Thus, ongoing research and innovation are critical to overcoming these challenges, ensuring safe and effective

treatment strategies tailored to individual patient profiles.

### 5.4 Integration of CRISPR with Other Therapeutic Modalities

Incorporating CRISPR-Cas systems into existing therapeutic modalities presents a transformative approach to managing periodontal disease, leveraging both precision and efficacy in treatment strategies. This integration is particularly crucial as periodontal diseases are often multifactorial, involving complex interactions between pathogenic microorganisms and host immune responses. By employing CRISPR technology to selectively target and edit specific genes within bacterial populations, researchers can not only inhibit the growth of periodontal pathogens but also enhance the hosts immune capabilities against microbial assault. Furthermore, innovations in delivery mechanisms, such as liposomal vectors and non-viral approaches, can facilitate more efficient **CRISPR** implementation directly into periodontal tissues, improving regenerative potentially outcomes periodontal therapy [36]. Such advancements highlight the necessity for interdisciplinary collaboration, combining genetic engineering, immunology, and bioengineering methodologies to optimize therapeutic interventions and pave the way for effective, personalized periodontal treatment plans.

#### 6 Challenges and Ethical Considerations

The implementation of CRISPR-Cas systems in the context of periodontal disease therapy encounters a multitude of challenges and ethical considerations that merit careful examination. While the precision of CRISPR technology offers significant advantages in targeting pathogenic bacteria and modulating immune responses, concerns regarding off-target effects pose a substantial risk to patient safety, potentially leading to unintended genetic alterations in the host genome [37]. Moreover, the ethical implications of germline editing raise profound questions about the long-term effects of such interventions, particularly when considering heritable modifications that could propagate through generations [38]. Regulatory bodies struggle to establish comprehensive guidelines that ensure both efficacy and ethical compliance in clinical applications, underscoring the necessity for rigorous oversight in research and therapeutic deployment. As such, the balance between innovation and ethical responsibility remains pivotal in addressing the potential of CRISPR technologies within precision periodontal therapy (Table 3).

**Table 3.** Ethical considerations in CRISPR-Cas research related to

Consideration Description	
Consideration	Description
Informed Consent	Ensuring patients are fully aware of the risks and benefits associated with CRISPR-based interventions in



	periodontal therapy.	
Off-Target	The potential for unintended genetic modifications which may have unknown	
Effects	consequences on oral and systemic health.	
	1	
Accessibility	Ensuring equitable access to CRISPR-	
	based periodontal therapies across	
	different socioeconomic groups.	
Regulatory Oversight	The need for comprehensive regulations	
	to govern the use of CRISPR technology	
	in clinical settings.	
Public Perception	The societal attitudes towards genetic	
	editing and its implications for the future	
	of periodontal treatment.	
Long-Term Effects	Understanding the long-term impacts of	
	CRISPR modifications on periodontal	
	and general health.	

#### 6.1 Technical Limitations and Off-Target Effects

The application of CRISPR-Cas systems in treating periodontal disease, while groundbreaking, is not without significant challenges primarily stemming from technical limitations and off-target effects. These unintended modifications can result in genomic alterations that lead to unintended phenotypic consequences, complicating clinical outcomes and raising safety concerns in precision periodontal therapy. For instance, guide RNA mismatches may inadvertently target similar genomic regions, exacerbating the risk of collateral damage to non-target genes, which could potentially disrupt normal biological functions, and thereby complicating disease management strategies [39]. Moreover, the efficiency of CRISPR delivery systems, often hindered by cellular environments, influences the overall effectiveness of the intervention [40]. As researchers strive to optimize these CRISPR modalities, it remains imperative to institute rigorous validation methodologies to discern and mitigate off-target activity, ensuring a balance between therapeutic efficacy and genetic safety in periodontal applications.

# 6.2 Ethical and Regulatory Concerns in Clinical Applications

As advancements in CRISPR-Cas technologies offer unprecedented opportunities for treating periodontal disease, ethical and regulatory concerns must take center stage. The potential for gene editing to alter host susceptibility modulate or pathogenic microbial populations raises significant issues, particularly regarding consent and the implications of unintended genetic consequences. For instance, while targeted interventions against pathogens such as Aggregatibacter actinomycetemcomitans may enhance therapeutic outcomes, the risk of off-target effects poses a challenge to patient safety and long-term efficacy [41]. Regulatory frameworks must adapt to encompass such innovative therapies, ensuring that both clinical efficacy and ethical considerations are rigorously addressed. Moreover, the implications of utilizing CRISPR technology in human subjects necessitate a careful deliberation of societal values and the potential for socioeconomic disparities in access to advanced therapies. Thus, a comprehensive ethical analysis combined with robust regulatory oversight is essential for the safe implementation of CRISPR-Cas systems in periodontal therapy.

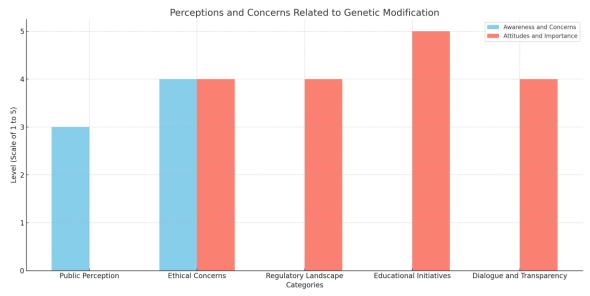
### 6.3 Public Perception and Acceptance of CRISPR Technologies

The application of CRISPR technologies in clinical settings, particularly regarding periodontal disease, is heavily influenced by public perception and acceptance, which are critical for successful implementation. Increasing awareness of gene-editing capabilities, paralleled by significant ethical concerns, shapes attitudes toward these innovative solutions. Many individuals reservations about genetic modification, influenced by fears of potential misuse and unintended consequences, especially in germline editing [42]. This perception is compounded by heterogeneous regulatory landscapes across nations, where different approaches to genetically modified organisms affect public opinions and adoption rates [43]. Moreover, for CRISPR-Cas systems to transition from experimental research to mainstream clinical practice in precision periodontal therapy, robust educational initiatives are needed to demystify the technology, emphasizing its benefits in antimicrobial therapies and regenerative medicine. Overcoming skepticism through transparent dialogue could facilitate a more favorable public stance toward the integration of CRISPR technologies in healthcare (Figure 1).

#### 6.4 Future Directions for Ethical Research Practices

As the intersection of genetic manipulation and periodontal therapy evolves, a pressing need arises to establish robust ethical frameworks guiding research practices, particularly in light of CRISPR-Cas systems applications. The unique challenges presented by precision therapies necessitate a comprehensive evaluation of potential risks, including unintended off-target effects that may inadvertently harm the patient or contribute to microbial resistance. Ethical considerations must prioritize informed consent, especially when dealing with vulnerable populations who may lack a complete understanding of the implications of genetic interventions.





**Fig. 1.** This bar chart displays the perceptions and concerns related to genetic modification across various categories. For each category, the levels of awareness and concern are compared with attitudes and importance regarding ethical and regulatory issues. The chart uses a scale of 1 to 5, where higher values indicate stronger perceptions or priorities.

Furthermore, the potential for dual-use research, where technology intended for therapeutic purposes could also be misapplied, underscores the urgency of stringent regulatory oversight. By fostering an ethical research culture that emphasizes transparency and accountability, the field can align its advancements with societal values, ensuring that the implementation of CRISPR technologies in periodontal therapy is both responsible and beneficial.

#### 7 Future Perspectives

The integration of CRISPR-Cas systems into precision periodontal therapy holds substantial promise for revolutionizing the management of periodontal diseases. As recent advancements in gene editing and delivery emerge, researchers can target specific modalities within the pathogens oral microbiota, such Aggregatibacter actinomycetemcomitans, potentially altering the diseases pathogenic trajectory Furthermore, the development of more sophisticated delivery systems, including nanoparticles and viral vectors, will enhance the targeted application of CRISPRbased interventions, minimizing off-target effects and maximizing therapeutic efficacy [45]. By persisting in these innovative approaches, clinicians may not only mitigate microbial dysbiosis but also tailor immune responses to better cope with or even prevent periodontal disease. Ultimately, the incorporation of CRISPR technology in dentistry could herald a new era of personalized treatment plans, fundamentally shifting the paradigm towards more effective and targeted periodontal care.

# 7.1 Integration of CRISPR-Cas Systems in Precision Dentistry

Recent technological advancements in molecular biology have led to transformative approaches for managing periodontal diseases through genetic interventions. The integration of CRISPR-Cas systems into precision dentistry presents a compelling paradigm shift, enabling targeted modifications to specific genes associated with periodontal pathology. By harnessing the specificity of CRISPR-Cas technology, researchers can elucidate the complex interactions between microbial dysbiosis and host immune responses, facilitating novel therapeutic strategies. These interventions may not only augment existing antimicrobial therapies but also pave the way for regenerative approaches that could restore damaged periodontal tissues. Additionally, the ability to design CRISPR-based systems for precise delivery into the oral microbiome highlights the potential for personalized treatments tailored to individual microbial profiles and genetic susceptibility. Nevertheless, fully realizing the benefits of this innovative approach necessitates ongoing research to address potential off-target effects and ethical considerations surrounding gene editing in clinical contexts, ensuring safe and effective applications in periodontal therapy.

### 7.2 Innovations in Delivery Systems for CRISPR-Based Therapies

Recent advancements in nanotechnology and molecular engineering have catalyzed the development of innovative delivery systems for CRISPR-based therapies, crucial for effective application in treating periodontal disease. The use of lipid nanoparticles, polymeric carriers, and exosomes to efficiently transport CRISPR components enhances targeting specificity and minimizes off-target effects, which



are particularly important given the complex microbial landscape of periodontal pathogens. For instance, nonviral delivery systems have demonstrated the capability to transfect periodontal cells with CRISPR-Cas8 ribonucleoproteins, ensuring robust gene editing while maintaining cellular integrity and functionality (46). Furthermore, research indicates that these novel mechanisms can increase the stability of CRISPR components in vivo, allowing for sustained therapeutic effects [47]. As these delivery systems mature, they promise to refine precision periodontal therapies, offering a transformative approach to modulating host immune responses and targeting pathogenic microbiota with unprecedented accuracy.

### 7.3 Potential for CRISPR in Preventive Dental Care

The evolving landscape of periodontal disease management has underscored a critical need for innovative therapeutic interventions, particularly in preventive care. Recent investigations suggest that CRISPR-Cas systems could be pivotal in targeting specific bacteria associated with periodontal diseases, such as Aggregatibacter actinomycetemcomitans, known for its virulent potential [48]. By harnessing the precise geneediting capabilities of CRISPR, researchers can devise strategies to disrupt pathogenic microbial biofilms, thereby restoring a healthy oral microbiome and preventing disease progression. Moreover, the ability of CRISPR to modulate host immune responses presents another avenue for prevention, as it allows for the customization of immune profiles conducive to resisting periodontal pathogens. This dual approach-targeting microbial factors while enhancing host defenses - could revolutionize preventive dental care, aligning with the paradigm shift toward precision therapies in oral health management [49].

#### 7.4 Long-term Implications for Oral Health Management

The evolution of CRISPR-Cas systems presents transformative potential for long-term oral health management, particularly in addressing periodontal diseases. By enabling precise genetic modifications, these technologies hold promise for disrupting pathogenic microbial communities that thrive in dysbiosis, thereby restoring a balanced oral microbiome. This restoration is crucial, as microbial imbalances are often precursors to periodontal disease and have long-lasting implications for an individual's health. Furthermore, CRISPR-Cas interventions can enhance host immune responses against specific pathogens, potentially limiting the chronic inflammation that characterizes periodontal disease progression [50]. Such precision offers a departure from traditional antibiotic therapies, reducing risks associated

with antimicrobial resistance and side effects linked to broader spectrum treatments. As understanding of CRISPRs applications deepens, these innovations not only signify a paradigm shift in therapeutic strategies but also underscore the necessity for ongoing research into delivery mechanisms and ethical considerations surrounding gene editing [51].

#### 8 Conclusion

The intersection of CRISPR-Cas systems and periodontal disease represents a transformative potential in the field of dental medicine, offering innovative approaches to both understanding and managing these complex conditions. As elucidated through the various sections of this essay, the capability of CRISPR technologies to precisely target and edit specific genes has significant implications for modulating microbial dysbiosis and enhancing host immune responses, thereby addressing key pathways in the pathogenesis of periodontal disease. Notably, the promise of CRISPR-mediated precision therapies underscores a shift towards personalized dental care, where treatment modalities can be tailored to individual genetic profiles and microbial landscapes. However, this evolution is not without challenges, encompassing technical, ethical, and regulatory dimensions that must be carefully navigated. Ultimately, as research continues to unfold, the integration of CRISPR-based interventions stands poised to redefine periodontal disease management, fostering improved patient outcomes and advancing the frontiers of precision periodontal therapy.

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**Ethical consideration:** The study was approved by Gulf Medical University, Ajman, UAE.

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